

# Access Free Fragrant The Secret Life Of Scent Mandy Aftel Pdf Free Copy

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THE TIMES ART BOOK OF THE YEAR Named one of The Irish Times' Books of the Year for 2021 A compelling and comprehensive look at the life and art of Francis Bacon, one of the iconic painters of the twentieth century—from the Pulitzer Prize-winning authors of *de Kooning: An American Master*. This intimate study of the singularly private, darkly funny, eruptive man and his extraordinary art “is bejeweled with sensuous detail ... the iconoclastic charm of the artist keeps the pages turning” (The Washington Post). “A definitive life of Francis Bacon ... Stevens and Swan are vivid scene setters ... Francis Bacon does justice to the contradictions of both the man and the art.” —The Boston Globe Francis Bacon created an indelible image of mankind in modern times, and played an outsized role in both twentieth century art and life—from his public emergence with his legendary *Triptych 1944* (its images “so unrelievedly awful” that people fled the gallery), to his death in Madrid in 1992. Bacon was a witty free spirit and unabashed homosexual at a time when many others remained closeted, and his exploits were as unforgettable as his images. He moved among the worlds of London's Soho and East End, the literary salons of London and Paris, and the homosexual life of Tangier. Through hundreds of interviews, and extensive new research, the authors probe Bacon's childhood in Ireland (he earned his father's lasting disdain because his asthma prevented him from hunting); his increasingly open homosexuality; his early design career—never before explored in detail; the formation of his vision; his early failure as an artist; his uneasy relationship with American abstract art; and his improbable late emergence onto the international stage as one of the great visionaries of the twentieth century. In all, *Francis Bacon: Revelations* gives us a more complete and nuanced—and more international—portrait than ever before of this singularly private, darkly funny, eruptive man and his equally eruptive, extraordinary art. Bacon was not just an influential artist, he helped remake the twentieth-century figure.

*The Scent of Hours* (Originally published as *Madame Mirabou's School of Love*, by Barbara Samuel) Sometimes real passion means living the life you've always wanted. Nicole Bridges still can't believe she's taken up residence in a Colorado apartment complex nicknamed “Splitsville.” She's still reeling from her husband's affair, a divorce she never saw coming, and having to leave the upscale, comfortable world she helped make for her ex and their teenage daughter. With little money, even less work experience, and no idea what to do next, she takes tentative steps—if only to keep her head above water. Along the way, Nikki unexpectedly finds herself falling in with eccentric new neighbors—and being seduced out of her funk by a charming, elusive ex-Londoner. And through her delight in the sensual elements of perfume, she will discover the courage to form bonds she never imagined. When a discarded flyer printed with the name “Madame Mirabou” provides the spark of inspiration, Nikki dares to blend the fragments of her life into a fragrance that's uniquely and passionately her own.

*The Perfect Scent* is the thrilling inside story of the global perfume industry, told through two creators working on two very different scents. An artisan perfumer reveals a lost art and its mysterious, sensual history. For centuries, people have taken what seems to be an instinctive pleasure in rubbing scents into their skin. Perfume has helped them to pray, to heal, and to make love. And as long as there has been perfume, there have been perfumers, or rather the priests, shamans, and apothecaries who were their predecessors. Yet, in many ways, perfumery is a lost art, its creative and sensual possibilities eclipsed by the synthetic ingredients of which contemporary perfumes are composed, which have none of the subtlety and complexity of essences derived from natural substances, nor their lush histories. *Essence and Alchemy* resurrects the social and metaphysical legacy that is entwined with the evolution of perfumery, from the dramas of the spice trade to the quests of the alchemists to whom today's perfumers owe a philosophical as well as a practical debt. Mandy Aftel tracks scent through the boudoir and the bath and into the sanctums of worship, offering insights on the relationship of scent to sex, solitude, and the soul. Along the way, she imparts instruction in the art of perfume compositions, complete with recipes, guiding the reader in a process of transformation of materials that continues to follow the alchemical dictum *solve et coagula* (dissolve and combine) and is itself aesthetically and spiritually transforming. Winner of the 2016 Perfumed Plume Award The “Alice Waters of American natural perfume” ([indieperfume.com](#)) and author of the *Art of Flavor* celebrates our most potent sense, through five rock stars of the fragrant world Mandy Aftel is widely acclaimed as a trailblazer in natural perfumery. Over two decades of sourcing the finest aromatic ingredients from all over the world and creating artisanal fragrances, she has been an evangelist for the transformative power of scent. In *Fragrant*, through five major players in the epic of aroma, she explores the profound connection between our sense of smell and the appetites that move us, give us pleasure, make us fully alive. Cinnamon, queen of the Spice Route, touches our hunger for the unknown, the exotic, the luxurious. Mint, homegrown the world over, speaks to our affinity for the familiar, the native, the authentic. Frankincense, an ancient incense ingredient, taps into our longing for transcendence, while ambergris embodies our unquenchable curiosity. And exquisite jasmine exemplifies our yearning for beauty, both evanescent and enduring. In addition to providing a riveting initiation into the history, natural history, and philosophy of scent, *Fragrant* imparts the essentials of scent literacy and includes recipes for easy-to-make fragrances and edible, drinkable, and useful concoctions that reveal the imaginative possibilities of creating with—and reveling in—aroma. Vintage line drawings make for a volume that will be a treasured gift as well as a great read. Erica Bauermeister, the national bestselling author of *The School of Essential Ingredients*, presents a moving and evocative coming-of-age novel about childhood stories, families lost and found, and how a fragrance conjures memories capable of shaping the course of our lives. Emmeline lives an enchanted childhood on a remote island with her father, who teaches her about the natural world through her senses. What he won't explain are the mysterious scents stored in the drawers that line the walls of their cabin, or the origin of the machine that creates them. As Emmeline grows, however, so too does her curiosity, until one day the unforeseen happens, and Emmeline is vaulted out into the real world—a place of love, betrayal, ambition, and revenge. To understand her past, Emmeline must unlock the clues to her identity, a quest that challenges the limits of her heart and imagination. Lyrical and immersive, *The Scent Keeper* explores the provocative beauty of scent, the way it can reveal hidden truths, lead us to the person we seek, and even help us find our way back home. *Jitterbug Perfume* is an epic. Which is to say, it begins in the forests of ancient Bohemia and doesn't conclude until nine o'clock tonight (Paris time). It is a saga, as well. A saga must have a hero, and the hero of this one is a janitor with a missing bottle. The bottle is blue, very, very old, and embossed with the image of a goat-horned god. If the liquid in the bottle actually is the secret essence of the universe, as some folks seem to think, it had better be discovered soon because it is leaking and there is only a drop or two left. An intimate exploration of inspiration and creativity, from the “parfumeur exclusif” of the house of Hermès. A scent has incantatory powers, capable of transporting you to your past, of kindling fantasies, of creating a vivid *mise en scène*—literally out of thin air. In the hands of the truly great, perfume creation is a kind of alchemy. Where does inspiration for this visceral art come from? How does one capture the essence of emotions, of desire? Jean-Claude Ellena has a sublime gift. As “parfumeur exclusif” (or “the nose”) for Hermès, he elevates fragrance to an art form. A “writer of perfume,” his concoctions are as finely composed and evocative as a haiku. He is also a conjurer of sorts: “I create an illusion that is actually stronger than reality . . . you enter the scent and follow the path.” *The Diary of a Nose* is a collection of Ellena's meditations on the world of scents, and what stirs his creation of some of the world's most desired fragrances. Inspiration can come from anywhere—a market stall, a landscape, or even the movement of calligraphy. Though

each smell has its own distinct character, a gifted perfumer creates olfactory experiences that are intensely personal and unique, that blossom on the body and leave a trace of us lingering after we have left a room. Seductive, delicate, and elegant as any of Ellena's creations, *The Diary of a Nose* seeks to capture the most elusive facets of this rarefied and mysterious art. Dugan's inspired analysis of a wide range of underexplored sources makes available to scholars a remarkable wealth of information on the topic. *Create Custom Perfumes the Natural Way* This unprecedented, comprehensive guide from renowned perfumer Anya McCoy is an inspiring resource for anyone interested in creating artisanal perfume at home. Discover simple step-by-step methods for making perfume without harsh chemicals. Jump right in, using local plants and common household ingredients. Soon you'll be building your own scent collection and creating unforgettable gifts for friends and family. This book covers a variety of techniques for capturing fragrances from natural materials, making it easy to choose the project that works for your schedule and experience level. Source your own organically grown botanicals, and enjoy the earth-friendly benefits of creating your own essential oils and extractions sustainably. Make your own all-natural perfumes, room and linen sprays, body butters, massage oils, and more. Explore the nuances of scent blending to create delightful fragrances that are unique to you. Packed with easy methods and expert guidance, this book will become an indispensable reference as you grow into a confident scent designer. *The Perfume Lover* is a candid personal account of the process of composing a fragrance, filled with sensual scent descriptions, sexy tidbits, and historical vignettes. What if the most beautiful night in your life inspired a perfume? When Denyse Beaulieu was growing up near Montreal, perfume was forbidden in her house, spurring a childhood curiosity that became an intellectual and sensual passion. It is this passion she pursued all the way to Paris, where she now lives, and which led her to become a respected fragrance writer. But little did she know that it would also lead her to achieve a perfume lover's wildest dream: When Denyse tells famous perfumer Bertrand Duchaufour at L'Artisan Parfumeur of a sensual night spent in Seville under a blossoming orange tree, wrapped in the arms of a beautiful man, the story stirs his imagination and together they create a scent that captures the essence of that night. As their unique creative collaboration unfolds, the perfume-in-progress conjures intimate memories, leading Beaulieu to make sense of her life through scents. Throughout the book, she weaves the evocative history of perfumery into her personal journey, in an intensely passionate voice: the masters and the masterpieces, the myths and the myth-busting, down to the molecular mysteries that weld our flesh to flowers. Now, just to set your nostrils aquiver: *Séville à l'aube* is an orange blossom oriental with zesty, green and balsamic effects, with notes of petitgrain, petitgrain citronnier, orange blossom, beeswax, incense, and lavender, and is now available at fragrance outlets in the U.S. In *Chanel: An Intimate Life*, acclaimed biographer Lisa Chaney tells the controversial story of the fashion icon who starred in her tumultuous era Coco Chanel was many things to many people. Raised in emotional and financial poverty, she became one of the defining figures of the twentieth century. She was mistress to aristocrats, artists and spies. She broke rules of style and decorum, seducing both men and women, yet in her work expected the highest standards. She took a 'plaything' and turned it into a global industry which defined the modern woman. Filled with new insights and thrilling discoveries, Lisa Chaney's Chanel provides the most defining and provocative portrait yet. 'Chaney's research is laudable, uncovering fresh details of Chanel's well-trodden rag trade to riches story' Evening Standard 'An unflinching examination of the historically inscrutable designer' Vogue Lisa Chaney has lectured and tutored in the history of art and literature, made TV and radio broadcasts on the history of culture, and reviewed and written for journals and newspapers, including The SundayTimes, the Spectator and the Guardian. She is the author of two previous biographies: Elizabeth David and *Hide-and-Seek With Angels: The Life of J.M. Barrie*. A New York Times Most Anticipated Book of the Summer A taboo-busting romp through the shame, stink, and strange science of sweating. Sweating may be one of our weirdest biological functions, but it's also one of our most vital and least understood. In *The Joy of Sweat*, Sarah Everts delves into its role in the body—and in human history. Why is sweat salty? Why do we sweat when stressed? Why do some people produce colorful sweat? And should you worry about Big Brother tracking the hundreds of molecules that leak out in your sweat—not just the stinky ones or alleged pheromones—but the ones that reveal secrets about your health and vices? Everts's entertaining investigation takes readers around the world—from Moscow, where she participates in a dating event in which people sniff sweat in search of love, to New Jersey, where companies hire trained armpit sniffers to assess the efficacy of their anti-sweat products. In Finland, Everts explores the delights of the legendary smoke sauna and the purported health benefits of good sweat, while in the Netherlands she slips into the sauna theater scene, replete with costumes, special effects, and towel dancing. Along the way, Everts traces humanity's long quest to control sweat, culminating in the multibillion-dollar industry for deodorants and antiperspirants. And she shows that while sweating can be annoying, our sophisticated temperature control strategy is one of humanity's most powerful biological traits. Deeply researched and written with great zest, *The Joy of Sweat* is a fresh take on a gross but engrossing fact of human life. This is the truly inspiring story of Suh Sung-whan, an entrepreneur who grew up in Gaeseong in North Korea, left school at the age of sixteen, and subsequently transformed a small family business into a multi-million dollar global cosmetics corporation, AmorePacific, famous for its perfumes and cosmetics across the world. When Suh Sung-whan was a young boy in the 1930s, his mother supported their family by mixing and selling hand-pressed hair treatment oils, created from camellia nut trees. Inspired by his mother, he quickly learned the skills for developing and selling these products, and earned himself a spot in the first department store to open in Gaeseong - a sign of the big things to come. Suh Sung-whan soon experienced a major setback however, when he was called up to fight with the Japanese during World War II. Following Korea's liberation in 1945, he made a fully-fledged entry into business, expanding the company, now known as AmorePacific, both in Korea and worldwide. As well as developing a hugely successful cosmetics business, he also dedicated time to developing green tea farms in the Jeju and Honam regions, and launched OSulloc, his own tea company. This is the fascinating story of how a young boy took a small family business and developed it into a global company, which has been at the forefront of booming trade in Korea. When fulfilling a favor for her godfather puts Catherine Edilean Harcourt in danger, the southern bell must decide if trusting an alleged, yet attractive, convict will be the best or worst decision she's ever made. *Charleston, 1799*. A daughter of Southern gentility and a gifted painter, Catherine Edilean Harcourt has no lack of suitors at home in Virginia, waiting to fulfill her dream of marriage and family. But Cay's adventurous spirit, fostered by growing up with her three brothers, is piqued while visiting her godfather in South Carolina. Bedridden with a broken leg, he asks Cay to fill in for him on an urgent task: on her way to a fancy dress ball, she must deliver a packed horse to an old friend's son—who also happens to be an escaped convict charged with murdering his wife! Cay agrees to the plan, which doesn't go at all as planned... whereupon she finds herself fleeing Alexander McDowell's captors, riding blind into the night with the fugitive Scotsman. Through she should fear him, Cay finds herself overwhelmingly attracted to Alex, and drawn into his tale of misguided justice and his innocence as they seek refuge in the steamy Florida everglades. Will trusting him be the worst mistake of her life? Or will falling in love be the salvation both of them have been looking for? What is the hidden meaning of the scent of roses of life? Does it really exist? Can we experience it? Similar to her two already published poetry collections with the title "Scent of Roses of Love," Anna Roth again manages in a virtuoso manner to show a nuanced balance that exists between the life we experience, i. e. the reality itself which is usually shaded in gray and the beautiful things in life which we encounter, desire and never want to let go. Thereby she constantly aims to lead us into a world of happiness, ideas and dreams, but also into a world of life challenges. Behind this backdrop of a positive life style, the reflection on the Christian faith and the Christian philosophy, Anna Roth tries to sensitively stir the results of her thoughts into the dough of a life which is lived and filled with experience. Her wonderful and poetic rhymes reflect a wholeness of life. Nothing remains masked. And it is precisely this wholeness of life that takes place between the two poles of positive and negative, whereby the author strives very hard to anchor the Christian faith to become a cornerstone of the bridge of life we all have to cross. She uses it to spice the dough of life, add taste to it in order to ensure that it also stimulates our imagination and helps us to positively shape and cope with our daily life. A successful collection of poems which impresses both by its thematic diversity as well as and especially by its intellectual intensity. Perfume blogger Polly is in crisis. Will her husband's absence break her ... or make her? A novel of perfumes, exploring life, love, loss and forgiveness -- Maggie Alderson's new bestseller. 'Delicious and delightful in every way' Daily Mail Are you still married if you haven't seen your husband for months? Polly's life is great. Her children are away at uni, her glamorous mother -- still modelling at eighty-five -- is happily settled in a retirement village, and her perfume blog is taking off. Then her husband announces he needs some space and promptly vanishes. As Polly grapples with her bewildering situation, she clings to a few new friends to keep her going -- Shirlee, the loudmouthed yoga student; Guy, the mysterious, infuriating and hugely talented perfumer; and Edward, an

old flame from university. And while she distracts herself with the heady world of luxury perfume, Polly knows she can't keep reality at bay forever. Eventually she is forced to confront some difficult truths: about her husband, herself and who she really wants to be. Praise for Maggie Alderson: 'Maggie Alderson has a light touch, a well-sharpened wit and lots of heart' Better Reading 'The Scent of You is just that: a classic Alderson which mixes everything good in life; perfume, the internet, family and Very Good Looking men, into one can't-put-down read' Vogue 'A lovely combination of glamour, humour and poignancy.' Marian Keyes on Handbags and Gladraggs 'Brimming with wit and wisdom' Courier-Mail Signature scents and now-lost masterpieces; the visionaries who conceived them; the wild and wonderful campaigns that launched them; the women and men who wore them—every perfume has a tale to tell. Join Lizzie Ostrom on an olfactory adventure as she explores the trends and crazes that have shaped the way we've spritzed. One hundred perfumes and scents in all their fragrant glory reveal a fascinating social history of the past century. From the belle époque through the swinging sixties, to the naughty nineties and beyond, Ostrom brings intelligence and wit to this most ravishing of subjects. There was the patriotic impact of English Lavender during World War I and perfumes that captured the Egyptomania of the 1920s. Estee Lauder created "Youth Dew" and with it, distilled the essence of 1950's suburbia. Patchouli oil—the "anti-perfume" of the 1960s—was sure to keep money out of the hands of corporations and "the man." And who could forget the fervor created by the grunge androgyny of CK One? Scent is truly the passport to memory, making Perfume both a lush treat and an insightful examination of the twentieth century through the most mysterious of the five senses. 'Life Kitchen is a celebration of food' Lauren, Sunderland 'The recipes are just really simple, really easy and delicious' Carolyn, Newcastle 'His book is better than a bunch of flowers because it's going to last forever' Gillian, Sunderland Ryan Riley was just eighteen years old when his mum, Krista, was diagnosed with cancer. He saw first-hand the effect of her treatment but one of the most difficult things he experienced was seeing her lose her ability to enjoy food. Two years after her diagnosis, Ryan's mother died from her illness. In a bid to discover whether there was a way to bring back the pleasure of food, Ryan created Life Kitchen in his mum's memory. It offers free classes to anyone affected by cancer treatment to cook recipes that are designed specifically to overpower the dulling effect of chemotherapy on the taste buds. In Life Kitchen, Ryan shares recipes for dishes that are quick, easy, and unbelievably delicious, whether you are going through cancer treatment or not. With ingenious combinations of ingredients, often using the fifth taste, umami, to heighten and amplify the flavours, this book is bursting with recipes that will reignite the joy of taste and flavour. Recipes include: Carbonara with peas & mint Parmesan cod with salt & vinegar cucumber Roasted harissa salmon with fennel salad Miso white chocolate with frozen berries With an introduction from UCL's taste and flavour expert Professor Barry Smith, this inspiring cookbook focusses on the simple, life-enriching pleasure of eating, for everyone living with cancer and their friends and family too. 'This book is a life changer: this is not gush, but a statement of fact' Nigella Lawson Everything about the sense of smell fascinates us, from its power to evoke memories to its ability to change our moods and influence our behavior. Yet because it is the least understood of the senses, myths abound. For example, contrary to popular belief, the human nose is almost as sensitive as the noses of many animals, including dogs; blind people do not have enhanced powers of smell; and perfumers excel at their jobs not because they have superior noses, but because they have perfected the art of thinking about scents. In this entertaining and enlightening journey through the world of aroma, olfaction expert Avery Gilbert illuminates the latest scientific discoveries and offers keen observations on modern culture: how a museum is preserving the smells of John Steinbeck's Cannery Row; why John Waters revived the "smellie" in Polyester; and what innovations are coming from artists like the Dutch "aroma jockey" known as Odo7. From brain-imaging laboratories to the high-stakes world of scent marketing, What the Nose Knows takes us on a tour of the strange and surprising realm of smell. Dogs begin their life cycle as puppies in a litter. A newborn puppy sleeps for 20 hours a day as it grows! Children will watch a puppy move from a large litter to a loving home as it grows up. In The Aroma of Righteousness, Deborah Green explores images of perfume and incense in late Roman and early Byzantine Jewish literature. Using literary methods to illuminate the rabbinic literature, Green demonstrates the ways in which the rabbis' reading of biblical texts and their intimate experience with aromatics build and deepen their interpretations. The study uncovers the cultural associations that are evoked by perfume and incense in both the Hebrew Bible and midrashic texts and seeks to understand the cultural, theological, and experiential motivations and impulses that lie behind these interpretations. Green accomplishes this by examining the relationship between the textual traditions of the Hebrew Bible and Midrash, the surviving evidence from the material culture of Palestine in the late Roman and early Byzantine periods, and cultural evidence as described by the rabbis and other Roman authors. Can a drop of perfume tell the story of the twentieth century? Can a smell bear the traces of history? What can we learn about the history of the twentieth century by examining the fate of perfumes? In this remarkable book, Karl Schlögel unravels the interconnected histories of two of the world's most celebrated perfumes. In tsarist Russia, two French perfumers - Ernest Beaux and Auguste Michel - developed related fragrances honouring Catherine the Great for the 300th anniversary of the Romanov dynasty. During the Russian Revolution and Civil War, Beaux fled Russia and took the formula for his perfume with him to France, where he sought to adapt it to his new French circumstances. He presented Coco Chanel with a series of ten fragrance samples in his laboratory and, after smelling each, she chose number five - the scent that would later go by the name Chanel No. 5. Meanwhile, as the perfume industry was being revived in Soviet Russia, Auguste Michel used his original fragrance to create Red Moscow for the tenth anniversary of the Revolution. Piecing together the intertwined histories of these two famous perfumes, which shared a common origin, Schlögel tells a surprising story of power, intrigue and betrayal that offers an altogether unique perspective on the turbulent events and high politics of the twentieth century. This brilliant account of perfume and politics in twentieth-century Europe will be of interest to a wide general readership. To women the whole world over, perfume means glamour, and in the world of perfume, Jean-Claude Ellena is a superstar. In this one-of-a-kind book, the master himself takes you through the doors of his laboratory and explains the process of creating precious fragrances, revealing the key methods and recipes involved in this mysterious alchemy. Perfume is a cutthroat, secretive multibillion-dollar industry, and Ellena provides an insider's tour, guiding us from initial inspiration through the mixing of essences and synthetic elements, to the deluxe packaging and marketing in elegant boutiques worldwide, and even the increasingly complicated safety standards that are set in motion for each bottle of perfume that is manufactured. He explains how the sense of smell works, using a palette of fragrant materials, and how he personally chooses and composes a perfume. He also reveals his unique way of creating a fragrance by playing with our olfactory memories in order to make the perfume seductive and desired by men and women the world over. Perfume illuminates the world of scent and manufactured desire by a perfumer who has had clients the likes of Cartier, Van Cleef & Arpels, Bulgari, and Hermès. The hidden truth about the French way of life: it's all about seduction—its rules, its pleasures, its secrets France is a seductive country, seductive in its elegance, its beauty, its sensual pleasures, and its joie de vivre. But Elaine Sciolino, the longtime Paris bureau chief of The New York Times, has discovered that seduction is much more than a game to the French: it is the key to understanding France. Seduction plays a crucial role in how the French relate to one another—not just in romantic relationships but also in how they conduct business, enjoy food and drink, define style, engage in intellectual debate, elect politicians, and project power around the world. While sexual repartee and conquest remain at the heart of seduction, for the French seduction has become a philosophy of life, even an ideology, that can confuse outsiders. In La Seduction, Sciolino gives us an inside view of how seduction works in all areas, analyzing its limits as well as its power. She demystifies the French way of life in an entertaining and personal narrative that carries us from the neighborhood shops of Paris to the halls of government, from the gardens of Versailles to the agricultural heartland. La Seduction will charm you and encourage you to lower your defenses about the French. Pull up a chair and let Elaine Sciolino seduce you. Read The Case Against Fragrance and you will never think about fragrance in the same way again. If you have been suffering fragrance in silence, you will know you are not alone.' Conversation Kate Grenville had always associated perfume with elegance and beauty. Then the headaches started. Like perhaps a quarter of the population, Grenville reacts badly to the artificial fragrances around us: other people's perfumes, and all those scented cosmetics, cleaning products and air fresheners. On a book tour in 2015, dogged by ill health, she started wondering: what's in fragrance? Who tests it for safety? What does it do to people? The more Grenville investigated, the more she felt this was a story that should be told. The chemicals in fragrance can be linked not only to short-term problems like headaches and asthma, but to long-term ones like hormone disruption and cancer. Yet products can be released onto the market without testing. They're regulated only by the same people who make and sell them. And the ingredients don't even have to be named on the label. This book is based on careful research into the science of scent and the power of the fragrance industry.

But, as you'd expect from an acclaimed novelist, it's also accessible and personal. The Case Against Fragrance will make you see—and smell—the world differently. When I was little, my mother had a tiny, precious bottle of perfume on her dressing-table and on special occasions she'd put a dab behind her ears. The smell of Arpege was always linked in my mind with excitement and pleasure—Mum with her hair done, wearing her best dress and her pearls, off for a night out with Dad. When I got old enough to have my own special occasions I also had my favourite perfume. I loved the bottles: those sensuous shapes. I loved the names and the labels, so evocative of all things glamorous. Kate Grenville is one of Australia's most celebrated writers. Her bestselling novel *The Secret River* received the Commonwealth Writers' Prize, and was shortlisted for the Man Booker Prize and the Miles Franklin Literary Award. *The Idea of Perfection* won the Orange Prize. Grenville's other novels include *Sarah Thornhill*, *The Lieutenant*, *Lilian's Story*, *Dark Places* and *Joan Makes History*. Kate lives in Sydney and her most recent works are the non-fiction books *One Life: My Mother's Story* and *The Case Against Fragrance*. 'One spritz of aftershave or perfume can leave other people retching and clutching their heads—you never see that in the ads.' Kaz Cooke 'Beginning with her own physical reaction to fragrance that begins with a headache a lot of us know ourselves, she investigates the fragrance industry and its side-effects and interweaves these facts with the personal to create an accessible work of non-fiction.' ArtsHub 'Fact-dense and extensively referenced, the book is a delight to read and never gets bogged down...While some of the science has been simplified, the book generally conveys the sense of it correctly...Well developed and thoughtful. Read *The Case Against Fragrance* and you will never think about fragrance in the same way again. If you have been suffering fragrance in silence, you will know you are not alone.' Conversation 'Grenville sets out to unlock the dark science—the volatile compounds, conspiracies and carcinogens—hiding in perfume, the ingredients of which are regularly listed as alcohol, water and the mysterious catch-all "fragrance".' New Statesman 'In this appealingly written exploration, Kate uncovers the dark side of the fragrance industry, from the carcinogens in after-shave to the hormone disruptors in perfume that mimic oestrogen.' Child 'An insightful and frightening book.' Readings 'Readable, interesting and informative.' Big Book Club 'Grenville expresses hope though that our society will find solutions to the fragrant violation of personal space based on courtesy and civility rather than on regulation and policy.' Australian Book Review 'You may be familiar with Australian novelist Kate Grenville's work but she enters new territory here. After exposure to perfumes and scents delivered ill-health her way, Grenville got curious as to why...The result is a fascinating (and worrying) exposé of the potentially damaging health effects of fragrances and the laxity of their regulation. Grenville digs into the science of scent as well as the intrigue of a multi-billion-dollar industry and makes it beautifully accessible in the process.' WellBeing 'The Orange Prize-winning novelist's discovery that she reacts badly to the artificial fragrances all around us led her to investigate what is in fragrances, what it does to people and whether it is properly tested for safety...The result is this accessible and personal book on the science of fragrance' Bookseller '[Grenville] raises valuable questions about the potentially harmful chemicals surrounding us every day and why we so unabashedly live in ignorance of them.' Reader's Digest UK, Best New Books to Read This Summer 'In some places, though, the danger [of fragrance] is beginning to be taken as seriously as passive smoking 30 years ago...it sounds silly, until you read Kate Grenville's explosive exposé and wonder why no one ever told you this stuff before.' Mail on Sunday 'An accessible, intelligent, seriously researched—and terrifying—book' Daily Mail UK A remarkable novel about secrets, desire, memory, passion, and possibility. Newlywed Grace Monroe doesn't fit anyone's expectations of a successful 1950s London socialite, least of all her own. When she receives an unexpected inheritance from a complete stranger, Madame Eva d'Orsey, Grace is drawn to uncover the identity of her mysterious benefactor. Weaving through the decades, from 1920s New York to Monte Carlo, Paris, and London, the story Grace uncovers is that of an extraordinary woman who inspired one of Paris's greatest perfumers. Immortalized in three evocative perfumes, Eva d'Orsey's history will transform Grace's life forever, forcing her to choose between the woman she is expected to be and the person she really is. *The Perfume Collector* explores the complex and obsessive love between muse and artist, and the tremendous power of memory and scent. A Collection of essays and material by the master of perfumery Edmond Roudnitska. Includes material translated from French and previously unpublished in the English language. Includes an appreciation by Jean Claude Ellena A comprehensive and stylish guide in using the ancient practices of aromatherapy for modern wellbeing. Discover the power of one simple breath. Aromatherapy is the practice of using pure essential oils extracted from plants as remedies for emotional, physical and spiritual wellbeing. The healing properties of essential oils can relieve headaches, muscular pain, and cold and flu symptoms. A few drops in your skincare regime can increase hydration, treat acne and regenerate damaged skin. What's more, essential oils can shift your mood, improve your sleep patterns and lower feelings of anxiety to make you feel restored, relaxed and renewed. *A Scented Life* is a journey into the senses, bringing this ancient practice into today's world. Aromatherapy expert Pat Princi-Jones details what different essential oils can do for you and demonstrates the many ways to mix and apply oils in your daily life for maximum long-term benefits. Shakespeare wrote that a rose by any other name would smell as sweet. But if you cannot smell, does the rose lose its sweetness? The first and definitive book on the psychology of smell, *The Scent of Desire* traces the importance of smell in our lives, from nourishment to procreation to our relationships with the people closest to us and the world at large. Smell was the very first sense to evolve and is located in the same part of the brain that processes emotion, memory, and motivation. To our ancestors, the sense of smell wasn't just important, it was crucial to existence and it remains so today. Our emotional, physical, even sexual lives are profoundly shaped by both our reactions to and interpretations of different smells. Why do some people like a certain smell and others hate it? Is smell personal or cultural? How does smell affect our choices and our daily lives? Rachel Herz explores these questions and examines the role smell plays in our lives, and how this most essential of senses is imperative to our physical and emotional well-being. Herz investigates how our sense of smell functions, examines what purpose it serves, and shows how inextricably it is linked to our survival. She introduces us to people who have lost their ability to smell and shows how their experiences confirm this sense's importance by illuminating the traumatic effect its loss has on the quality of day-to-day living. Herz illustrates how profoundly scent and the sense of smell affect our daily lives with numerous examples and personal accounts based on her years of research. The wonders of our sense of smell are all explored in a compelling and engaging manner, from emotions and memory to aromatherapy and pheromones. For anyone who has ever wondered about human nature or been curious about the secrets of both the body and the mind, *The Scent of Desire* is a fascinating, down-to-earth tour of the psychology and biology of our most neglected sense, the sense of smell. A young French perfumer. A world at war. A personal vengeance that could destroy a family. A must-read for fans of Kristin Hannah and Kate Quinn! \*From a USA Today Bestselling Author\* Europe, 1939: At the dawn of World War II, French perfumer Danielle Bretancourt and her German husband strive to ensure their family's safety, yet neither can foresee the ultimate cost. From London to Paris, Danielle struggles to find her missing child and aid the Resistance, even as she grieves her losses. As the war intensifies, Danielle is forced to seek refuge in America to save the lives of her remaining family. She draws on her skills as a talented perfumer to pull them out of crushing poverty. Yet even as she forges a new life among the Hollywood elite, she cannot forget her lost child nor the man who risked everything for her. Set between privileged lifestyles and gritty realities, *The Perfumer* is one woman's story of courage, spirit, and resilience. From Jan Moran, USA Today bestselling author, this beloved, bestselling saga was originally published by St. Martin's Press. Also by Jan Moran: *The Chocolatier*, *The Winemakers*, and *Hepburn's Necklace*. For readers who enjoy the romantic historical fiction of Kristin Hannah and Danielle Steel. "A sweeping tale that transports readers from the lavender-scented fields of Provence to the pulsing boulevards of Paris... Heartbreaking, evocative, and inspiring, this book is a powerful journey." — Allison Pataki, New York Times Bestselling Author of *The Accidental Empress* "Jan Moran is the new queen of the epic romance." —USA Today Bestselling Author Rebecca Forster "A stylish, compelling story of a family torn apart by war and a woman's courageous efforts to bring them back together, with everything from romance to heartache, spying, intrigue, and vivid settings. Danielle is just the kind of feisty female protagonist that I love, but what really sets this saga apart is the backdrop of perfumery that suffuses the story with the delicious aromas of rose, jasmine, lavender, bergamot, etc. You can almost smell them as you read - a remarkable feat!" —Liz Trenow, New York Times Bestselling Author of *The Forgotten Seamstress* "A sweeping saga of one woman's journey through World War II and her unwillingness to give up even when faced with the toughest challenges." — Anita Abriel, Author of *The Light After the War* "A gripping World War II story of poignant love and devastating, heart-wrenching loss." — Gill Paul, USA Today and Toronto Globe & Mail Bestselling Author of *The Secret Wife* "Hard to put down...captivating. A 'must-read.'" —Marvel Fields, Chairman, American Society of Perfumers "Utterly inescapable. Jan Moran's masterful romance comes with a bonus: she interweaves this romantic tale with a

behind-the-scenes look at perfumery. The fascinating result is a tale that rivals Danielle Steele at her romantic best!" —Allegra Jordan, Author of *The End of Innocence* A sudden love affair with fragrance leads to sensual awakening, self-transformation, and an unexpected homecoming At thirty-six—earnest, bookish, terminally shopping averse—Alyssa Harad thinks she knows herself. Then one day she stumbles on a perfume review blog and, surprised by her seduction by such a girly extravagance, she reads in secret. But one trip to the mall and several dozen perfume samples later, she is happily obsessed with the seductive underworld of scent and the brilliant, quirky people she meets there. If only she could put off planning her wedding a little longer. . . . Thus begins a life-changing journey that takes Harad from a private perfume laboratory in Austin, Texas, to the glamorous fragrance showrooms of New York City and a homecoming in Boise, Idaho, with the women who watched her grow up. With warmth and humor, Harad traces the way her unexpected passion helps her open new frontiers and reclaim traditions she had rejected. Full of lush description, this intimate memoir celebrates the many ways there are to come to our senses. It happened in an instant: a car crash, thrown from the vehicle, pronounced clinically dead while lying on the road, rotors turned off the Life Flight helicopter—and then swept into eternity . . . only to return, after being pronounced dead three times, to a far different life. Welcome to *The Fragrance of Angels*, Martha Brookhart Halda's memoir about time on the other side—and how and why she reshaped and developed a new purpose in life after it became more fraught with challenge after visiting heaven. *The Fragrance of Angels* distinguishes itself as a mother's empowerment story, taking us from a parent's greatest horror—dying while the kids are young—to a profound change in her approach to parenting and life. The former collegiate track, volleyball, and basketball player and mother discusses how she dealt with extensive rehabilitation, a difficult marriage, re-learning to walk and talk, returning to full-time motherhood, running the Dublin Marathon three years after her accident, striking out on her own, meeting new love, and finding new meaning in a world that never looked or felt the same to her again. Within her story is that of so many other women in the middle of their lives, yet infused with a sense of purpose and discovery borne by her time on the other side. *The Fragrance of Angels* is filled with a deep sense of love and challenge, physical beauty and emotional upheaval, frustration and triumph. Ultimately, it contains quite a surprise—the one Martha realized when she was in eternity. A stylish, sexy page-turner set in Paris on the eve of World War II, where Clementine, a queer American ex-pat and notorious thief, is drawn out of retirement and into one last scam when the Nazis invade. "A hint of *Moulin Rouge*, a whiff of Kristin Hannah's *The Nightingale*, a little spritz of Hitchcock's *To Catch a Thief*... *The Perfume Thief* is a pulse-pounding thriller and a sensuous experience you'll want to savor."—Oprah Daily "[A] superb novel ... This is historical fiction at its finest, vivid and beautifully rendered." —Emily St. John Mandel, author of *The Sea of Tranquility* Clementine is a seventy-two year-old reformed con artist with a penchant for impeccably tailored suits. Her life of crime has led her from the uber-wealthy perfume junkies of belle epoque Manhattan, to the scented butterflies of Costa Rica, to the spice markets of Marrakech, and finally the bordellos of Paris, where she settles down in 1930 and opens a shop bottling her favorite extracts for the ladies of the cabarets. Now it's 1941 and Clem's favorite haunt, Madame Boulette's, is crawling with Nazis, while Clem's people—the outsiders, the artists, and the hustlers who used to call it home—are disappearing. Clem's first instinct is to go to ground—it's a frigid Paris winter and she's too old to put up a fight. But when the cabaret's prize songbird, Zoe St. Angel, recruits Clem to steal the recipe book of a now-missing famous Parisian perfumer, she can't say no. Her mark is Oskar Voss, a Francophile Nazi bureaucrat, who wants the book and Clem's expertise to himself. Hoping to buy the time and trust she needs to pull off her scheme, Clem settles on a novel strategy: Telling Voss the truth about the life and loves she came to Paris to escape. Complete with romance, espionage, champagne towers, and haute couture, this full-tilt sensory experience is a dazzling portrait of the underground resistance of twentieth-century Paris and a passionate love letter to the power of beauty and community in the face of insidious hate. **INTERNATIONAL BESTSELLER** • Set in eighteenth-century France, the classic novel that provokes a terrifying examination of what happens when one man's indulgence in his greatest passion—his sense of smell—leads to murder. In the slums of eighteenth-century France, the infant Jean-Baptiste Grenouille is born with one sublime gift—an absolute sense of smell. As a boy, he lives to decipher the odors of Paris, and apprentices himself to a prominent perfumer who teaches him the ancient art of mixing precious oils and herbs. But Grenouille's genius is such that he is not satisfied to stop there, and he becomes obsessed with capturing the smells of objects such as brass doorknobs and fresh-cut wood. Then one day he catches a hint of a scent that will drive him on an ever-more-terrifying quest to create the "ultimate perfume"—the scent of a beautiful young virgin. Told with dazzling narrative brilliance, *Perfume* is a hauntingly powerful tale of murder and sensual depravity. Translated from the German by John E. Woods. *The Secret Perfume of Birds* will interest anyone looking to learn more about birds, about how animals and humans use our senses, and about why it can sometimes take a rebel scientist to change what we think we know for sure about the world—and ourselves. A sweeping and suspenseful tale of secrets, intrigue, and lovers separated by time, all connected through the mystical qualities of a perfume created in the days of Cleopatra—and lost for 2,000 years. For as long as anyone can remember, a man named Luca Turin has had an uncanny relationship with smells. He has been compared to the hero of Patrick Süskind's novel *Perfume*, but his story is in fact stranger, because it is true. It concerns how he made use of his powerful gifts to solve one of the last great mysteries of the human body: how our noses work. Luca Turin can distinguish the components of just about any smell, from the world's most refined perfumes to the air in a subway car on the Paris metro. A distinguished scientist, he once worked in an unrelated field, though he made a hobby of collecting fragrances. But when, as a lark, he published a collection of his reviews of the world's perfumes, the book hit the small, insular business of perfume makers like a thunderclap. Who is this man Luca Turin, they demanded, and how does he know so much? The closed community of scent creation opened up to Luca Turin, and he discovered a fact that astonished him: no one in this world knew how smell worked. Billions and billions of dollars were spent creating scents in a manner amounting to glorified trial and error. The solution to the mystery of every other human sense has led to the Nobel Prize, if not vast riches. Why, Luca Turin thought, should smell be any different? So he gave his life to this great puzzle. And in the end, incredibly, it would seem that he solved it. But when enormously powerful interests are threatened and great reputations are at stake, Luca Turin learned, nothing is quite what it seems. Acclaimed writer Chandler Burr has spent four years chronicling Luca Turin's quest to unravel the mystery of how our sense of smell works. What has emerged is an enthralling, magical book that changes the way we think about that area between our mouth and our eyes, and its profound, secret hold on our lives. One man's passion for perfume leads him to explore one of the most intriguing scientific mysteries: What makes one molecule smell of garlic while another smells of rose? In this witty, engrossing, and wildly original volume, author Luca Turin explores the two competing theories of smell. Is scent determined by molecular shape or molecular vibrations? Turin describes in fascinating detail the science, the evidence, and the often contentious debate—from the beginnings of organic chemistry to the present day—and pays homage to the scientists who went before. With its uniquely accessible and captivating approach to science via art, *The Secret of Scent* will appeal to anyone who has ever wondered about the most mysterious of the five senses.

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